



COMENIUS MULTILATERAL SCHOOL PARTNERSHIPS PROJECT ' THE ART OF LIVING' (2012-2014)

GOALS:

Diffusion of European Culture EU 2020
Finding out about food habits in the different countries

May 14th

FOOD HABITS QUESTIONNAIRE.

FAMILY HABITS –

FIRST PART Answer the following questions writing at least a paragraph for each question.

- 1) What is the typical food of Italians, Dutch, Maltese, Germans for you, excluding your country?
- 2) What are the most typical dishes representing your country ?
- 3) How many meals do you have a day ?
- 4) What is the most important meal in the day ?
- 5) Which meals do you share with your family ?
- 6) What are the common times of meals ?
- 7) What do you usually eat when you get out with your friends ?

Presentations

SECOND PART – Analyse the questionnaire in your group and write a document of about 200 words showing similarities and differences.

1. Is food a pleasure for you ?
2. What do you normally eat in a typical day ?
3. Do ever cook ?
4. Do you ever eat 'junk' food ?
5. How do you feel about it ?
6. Are you trying to cut down on anything at the moment ?
7. Are people's diets in your country getting better or worse
8. Food habits
9. Choices made in food field focusing on the health of the planet
10. Attention on human health and Mediterranean diet